YOUR PERSONALITY PROFILE

Directions—In each of the following rows of four words across, place an X in front of the one word that most often applies to you. Continue through all forty lines; be sure each number is marked. If you are not sure which word «most applies» ask a spouse or a friend and think of what your answer would have been when you were a child. (Full definitions for each of these words begin on page 195.)

Strengths

1	Adventurous	Adaptable	Animated	Analytical
2	Persistent	Playful	Persuasive	Peaceful
3	Submissive	Self-sacrificing	Sociable	Strong-willed
4	Considerate	Controlled	Competitive	Convincing
5	Refreshing	Respectful	Reserved	Resourceful
6	Satisfied	Sensitive	Self-reliant	Spirited
7	Planner	Patient	Positive	Promoter
8	Sure	Spontaneous	Scheduled	Shy
9	Orderly	Obliging	Outspoken	Optimistic
10	Friendly	Faithful	Funny	Forceful
11	Daring	Delightful	Diplomatic	Detailed
12	Cheerful	Consistent	Cultured	Confident
13	Idealistic	Independent	Inoffensive	Inspiring
14	Demonstrative	Decisive	Dry humor	Deep
15	Mediator	Musical	Mover	Mixes easily
16	Thoughtful	Tenacious	Talker	Tolerant
17	Listener	Loyal	Leader	Lively
18	Contented	Chief	Chartmaker	Cute
19	Perfectionist	Pleasant	Productive	Popular
20	Bouncy	Bold	Behaved	Balanced

Weaknesses

21Blank	Bashful	Brassy	Bossy
22Undisciplined	Unsympathetic	Unenthusiastic	Unforgiving
23Reticent	Resentful	Resistant	Repetitious
24Fussy	Fearful	Forgetful	Frank
25Impatient	Insecure	Indecisive	Interrupts
26Unpopular	Uninvolved	Unpredictable	Unaffectionate
27Headstrong	Haphazard	Hard to please	Hesitant
28Plain	Pessimistic	Proud	Permissive
29Angered easily	Aimless	Argumentative	Alienated
30Naive	Negative attitude	Nervy	Nonchalant
31Worrier	Withdrawn	Workaholic	Wants credit
32Too sensitive	Tactless	Timid	Talkative
33Doubtful	Disorganized	Domineering	Depressed
34Inconsistent	Introvert	Intolerant	Indifferent
35Messy	Moody	Mumbles	Manipulative
36Slow	Stubborn	Show-off	Skeptical
37Loner	Lord over others	Lazy	Loud
38Sluggish	Suspicious	Short-tempered	Scatterbrained
39Revengeful	Restless	Reluctant	Rash
40Compromising	Critical	Crafty	Changeable

PERSONALITY SCORING SHEET

Now transfer all your X's to the corresponding words on the Personality Scoring Sheet and add up your totals. For example, if you checked Animated on the profile, check it on the scoring sheet. (Note: The words are in a different order on the profile and the scoring sheet.)

Strengths

	Popular Sanguine	Powerful Choleric	Perfect Melancholy	Peaceful Phlegmatic
	•		·	_
1	Animated	Adventurous	Analytical	Adaptable
2	Playful	Persuasive	Persistent	Peaceful
3	Sociable	Strong-willed	Self-sacrificing	Submissive
4	Convincing	Competitive	Considerate	Controlled
5	Refreshing	Resourceful	Respectful	Reserved
6	Spirited	Self-reliant	Sensitive	Satisfied
7	Promoter	Positive	Planner	Patient
8	Spontaneous	Sure	Scheduled	Shy
9	Optimistic	Outspoken	Orderly	Obliging
10	Funny	Forceful	Faithful	Friendly
11	Delightful	Daring	Detailed	Diplomatic
12	Cheerful	Confident	Cultured	Consistent
13	Inspiring	Independent	Idealistic	Inoffensive
14	Demonstrative	Decisive	Deep	Dry humor
15	Mixes easily	Mover	Musical	Mediator
16	Talker	Tenacious	Thoughtful	Tolerant
17	Lively	Leader	Loyal	Listener
18	Cute	Chief	Chartmaker	Contented
19	Popular	Productive	Perfectionist	Pleasant
20	Bouncy	Bold	Behaved	Balanced
	Totals — Strengths			

Weaknesses

	Popular Sanguine	Powerful Choleric	Perfect Melancholy	Peaceful Phlegmatic
21	Brassy	Bossy	Bashful	Blank
22	Undisciplined	Unsympathetic	Unforgiving	Unenthusiastic
23	Repetitious	Resistant	Resentful	Reticent
24	Forgetful	Frank	Fussy	Fearful
25	Interrupts	Impatient	Insecure	Indecisive
26	Unpredictable	Unaffectionate	Unpopular	Uninvolved
27	Haphazard	Headstrong	Hard to please	Hesitant
28	Permissive	Proud	Pessimistic	Plain
29	Angered easily	Argumentative	Alienated	Aimless
30	Naive	Nervy	Negative attitude	Nonchalant
31	Wants credit	Workaholic	Withdrawn	Worrier
32	Talkative	Tactless	Too sensitive	Timid
33	Disorganized	Domineering	Depressed	Doubtful
34	Inconsistent	Intolerant	Introvert	Indifferent
35	Messy	Manipulative	Moody	Mumbles
36	Show-off	Stubborn	Skeptical	Slow
37	Loud	Lord over others	Loner	Lazy
38	Scatterbrained	Short-tempered	Suspicious	Sluggish
39	Restless	Rash	Revengeful	Reluctant
40	Changeable	Crafty	Critical	Compromising
Totals — Weaknesses				
	Combined Totals			

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